活動目的 Objective of the Event

為本會開設之慈善診所籌募經費

To raise funds supporting the running of our charitable clinic.

東井圓慈善診所

Tung Cheng Yuen Charitable Clinic 地址: 九龍觀翠屏北邨翠榆樓平台126B室

Address: Unit 126B, Podium of Tsui Yue Mansion,





東井圓慈善診所贈醫施藥服務受 區內坊眾認同

服務時間 星期一至六(公眾假期除外) 上午9時至下午1時 下午2時至晚上6時

Opening Hours: Monday to Saturday (except public holidays) 9 am - 1 pm 2 pm - 6 pm



2013年8月19日高永文局長與 東井圓慈善診所籌款之夜合照



會長偕主禮嘉賓高永文局長與 慈善紅伶蓋鳴暉吳美英合照

本會簡介 Introduction

東井圓佛會由林東先生創立,秉承佛陀「拔苦予 樂、弘法利生」的慈悲大愛精神,十多年來致力於 港澳內地濟貧、興學、敬老、醫療及赈災等等公益 事業。本會首間慈善診所自2011年成立以來,已服 務近二萬三千人次,為區內老人及貧苦大眾提供贈

Tung Cheng Yuen Buddhist Association was established by Mr. Lam Tong with a vision to relieve the socially disadvantaged of their difficulties. The association has devoted itself in all sorts of charitable projects to help the poor, to educate the young, to care for the aged and to provide relief to people affected by disasters. The first charitable clinic has dealt with almost 23,000 cases since its opening in 2011. It provides free Chinese herbal medications and consultations to the elderly and the poor in the community.



中醫師伍旭瑞每周抽半天時間 為區內街坊義診









Tung Cheng Yuen Buddhist Association 香港註冊之非牟利團體 A Registered Charitable Institution in Hong Kong

「慈善行、建仁心」2013步行籌款 Charity Walkathon 2013

日期:2013年11月3日(星期日) Date:03 November, 2013 (Sunday)

籌款目的:

為本會開設之慈

善診所籌募經費

時間 : 下午3時 : 3:00 pm Time

起點 : 維多利亞公園一號足球場 : Victoria Park 1st Football field Place 步行路線:維多利亞公園至修頓遊樂場

: From Victoria Park to Southorn Playground

步行時間:約1小時

Duration : Approximately 1 hour

查詢 Enquiries: 3582 4602

地址:九龍荔枝角青山道500號百美工業大廈8字樓C,D座 Address: Flat C & D, 8/F., Por Mee Factory Building, 500 Castle Peak Road, Laichikok, Kowloon

www.tungchengyuen.org contact@tungchengyuen.org www.facebook.com/TungChengYuen











廣場支持東井圓慈善診所的籌款活動

參加者須知 Information for Participants

- 請於11月3日下午2時前抵達集合地點。
- 步行者請確保其健康狀況良好,體力適宜參與是次步
- 步行者請穿著合適便服,並自備晴雨具,大會將提供 適量飲用水,起步前宜適量進食以補充體力,若有不 適,可向在場工作人員求助。
- 請照顧同行之小童及長者,亦因有傷殘人士參與,請
- 電台或電視台當日發出之天氣報告,如活動前 兩小時發出之雷暴、黃色暴雨警告、三號或以上風球 訊號仍然生效,則當日活動取消。
- 如非必要,請勿擅自離開設定路線
- 請保持地方清潔。
- 本表格籌得之所有贊助金額必須全數交回本會,如有 欺詐行為者須承擔法律責任。
- Please register at the starting point before 2:00 pm on 3rd November 2013.
- Participants must ensure that his/her health and physical condition are good and suitable to participate in the event.
- Please dress casually and keep cool. Remember to bring along an umbrella or hat. We will provide drinking water during the event. Please also take light meal before the walk. If you need any assistance, please contact the staff on
- Please take care of your accompanied children and the elderly, and also look after the disabled around if neces-
- Please pay attention to the radio or television station weather forecast on that day. The event will be cancelled if thunderstorm warning, amber rainstorm warning or typhoon signal No. 3 or above is hoisted 2 hours before the
- Please do not leave the route unless it is necessary. Please keep the area clean.
 - All donations collected must be submitted to the organizer. Anyone who commits the offence of deception will be liable for legal consequen

全城德育發展計劃 Moral Development Programs Throughout the City

「慈善行·建仁心」2013步行籌款活動於11月3日 將會與【家是香港】飄色巡遊同時舉行。為了推動 社會關注下一代的德育成長,東井圓佛會和東井圓 基金撥款資助合辦全城德育發展計劃(2012-2013) 今年再度合辦全城德育發展計劃(2013-2014),並以【傳統德育文化與家是香港】為主 以期藉多個系列活動加強下一代對中國傳統德 育文化的認識,並增強香港市民對「家是香港」的 參予者當天除有機會做善事之外,更可欣 賞別具傳統特色的飄色巡遊及參觀本會主辦的「傳 統德育文化與家是香港」展覽

The Charity Walkathon will be held with the November 3rd Chinese Cultural Parade of "Hong Kong, Our Home" activities with an aim to promote community care and cohesion which is one of the key elements of traditional Chinese virtues. To draw the public attention to the importance of moral education, Tung Cheng Yuen Lam Tong Charitable Foundation and the association initiated the Community Moral Education Development Programs last year with the sponsor of Chinese Temples Committee and now enter its second year of programmes in association with "Hong Kong, Our Home" activities. The objectives of the activities are to raise the home feeling of Hong Kong and the recognition of traditional Chinese culture and virtues among the next generation. The participants of the Charity Walkathon can join the activities by participating in our parade and visiting our exhibition area at the Victoria Park on the same day.







年為籌算東井圓慈善 贈醫施發服務而舉辦 山顶步行籌款海報

步行路線圖 Route Map

維多利亞公園 → 糖街 → 怡和街 → 軒尼斯道 → 修頓遊樂場

Victoria Park → Sugar Street → Yee Wo Street → Hennessy Road

Southorn Playground



獎勵 Awards

個人籌募最高善款獎 Award for the Top Individual Fundraiser 個人最高動員獎

Award for the Most Sponsors

籌款最高5團體獎

Award for the Top 5 Group Fundraiser 陣容最盛團體獎

Award for the Largest Team